

Let us **GUIDE** you on your dementia journey!

Medicare's new **GUIDE** Program provides Care Navigators at no cost to support dementia patients and their caregivers.

Learn More (434) 385-9070 x127

What is **GUIDE**?

Medicare launched the **GUIDE** program in 2024 to support patients with dementia and their unpaid caregivers as they navigate the challenges of living with dementia. Patients keep their current physicians, and the additional **GUIDE** personnel provide care in between your physician visits.

GUIDE Goals:

- Improve quality of life for people living with dementia
- Enhance support for their unpaid caregivers
- Enable people with dementia to remain in their homes and communities longer

What **GUIDE** Includes:

- Care Navigator provides care for patients, assists caregivers & coordinates with care team
- No cost, copay or deductible for patients
- Focused dementia caregiver education, support and \$2,563 of annual respite services
- Personalized care plan including social services and medication recommendations

Who is Eligible for **GUIDE**?

People with diagnosed dementia and Original Medicare (Parts A & B) as their primary insurance.

GUIDE is **not** available for dementia patients:

- with Medicare Advantage
- residing in a skilled nursing facility
- enrolled in PACE or hospice programs

GUIDE Provides 9 Care Services



| GOALS | CARE SERVICES |
|---|---|
| <p>Improve Patient Quality of Life & Prevent / Delay Hospital and Nursing Home Admissions</p> | Comprehensive Annual Assessment |
| | Personalized Care Plan |
| | Ongoing Monitoring & Patient Support |
| | Medication Management |
| | Care Coordination & Transition Care |
| | Social Service Coordination & Referrals |
| <p>Reduce Caregiver Burdens</p> | 24 x 7 Access |
| | Caregiver Education & Support |
| | Caregiver Respite |

Dementia Services from CVACL and Embrace

Central Virginia Alliance for Community Living and Embrace are your local GUIDE partners and provide integrated social and clinical care to families living with dementia. We provide home telehealth care to help older adults reduce their risks of going to the hospital or the nursing home.

Here's what we provide:

- Clinical Expertise - Local Nurse Practitioners from Embrace are your Care Navigators
- Local Social Care – CVAC identifies and coordinates local resources
- Personalization - We focus on what matters most to the patient and caregiver
- Holistic Approach - We focus on your total health, not just your dementia illness
- Telehealth care via video or phone for easy and frequent interactions at home



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